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Basic Clinical Massage Therapy Integrating

The title says it all really: Basic Clinical Massage Therapy Integrating Anatomy and Treatment. The book is extremely practical and demystifies massage using its very functional integrated approach. If you want to become really good at massage this might be the only book you may ever need.

Basic Clinical Massage Therapy: Integrating Anatomy and ...

This stunningly realistic text brings the basic techniques of clinical massage therapy to life by embedding illustrations of internal structures directly into photographs of live models, allowing readers to see exactly what muscle is being worked on, where it is, where it is attached, how it can be accessed manually, what problems it can cause, and one or more techniques for effectively treating it.

Clay & Pounds' Basic Clinical Massage Therapy: Integrating ...

Basic Clinical Massage Therapy: Integrating Anatomy and Treatment. This superbly illustrated text familiarizes students with individual muscles and muscle systems and demonstrates basic clinical massage therapy techniques.

Basic Clinical Massage Therapy: Integrating Anatomy and ...

About this Title Superbly illustrated and innovative in its approach, Clay & Pounds Basic Clinical Massage Therapy, 3e, helps readers build a solid foundation in palpatory and muscle anatomy as they master clinical massage therapy techniques.

Clay and Pounds' Basic Clinical Massage Therapy ...

The title says it all really: Basic Clinical Massage Therapy Integrating Anatomy and Treatment. The book is extremely practical and demystifies massage using its very functional integrated approach. If you want to become really good at massage this might be the only book you may ever need.

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In this text, the basic techniques of clinical massage therapy are brought to life by embedding superb illustrations of internal structures directly into photographs of live models. This produces a stunningly realistic text that provides a general overview of individual muscles that are essential to understanding basic clinical massage therapy ...

Basic Clinical Massage Therapy - Integrative Healthcare

Coverage of the most common techniques includes trigger point therapy, friction techniques, myofascial techniques, and stretching to give you an excellent base from which to start incorporating deep tissue massage into massage practice.

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Basic Clinical Massage Therapy: Integrating Anatomy and Treatment (LWW Massage Therapy and Bodywork Educational Series) by Clay, James H., Pounds, David M. 2nd (second) edition [Hardcover (2008)] Hardcover - Jan. 1 1600 by David M. Clay, James H., Pounds (Author) 4.6 out of 5 stars 101 ratings See all formats and editions

Basic Clinical Massage Therapy: Integrating Anatomy and ...

This richly illustrated text teaches the basic techniques of clinical massage therapy by embedding illustrations of internal structures directly into photographs of live models. Each muscle or muscle group is shown, along with surrounding structures, surface landmarks, and the therapist's hands. Useful as a textbook of clinical massage and anatomy, this text can also be used as a practical patient communication tool.

Basic Clinical Massage Therapy: Integrating Anatomy and ...

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Products - The Point

Purpose: The purpose is to integrate anatomy and clinical application of massage therapy, using an innovative approach to the illustrations and key points for palpation of structures. This is a worthy objective, because many books use the typical two-dimensional illustrations without the particular reference point of the massage therapist.

Clay & Pounds' Basic Clinical Massage Therapy: Integrating ...

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