

# Choosing Diabetes

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### **Choosing Diabetes**

When you and your doctor are thinking about the best way to control your blood sugar, you've got a lot of options to choose from. Insulin and other medicines, including shots and pills, can help ...

### **Diabetes Treatments: Find the Right One for You**

Choosing Diabetes Treatment: A Simpler Way. Using measures easily obtained in a clinic, such as age at diagnosis, body-mass index (BMI) and sex can help health-care providers determine what type of treatment might be best for a person with type 2 diabetes, according to new research in the journal *The Lancet Diabetes & Endocrinology*.

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### **Choosing Diabetes Treatment: A Simpler Way - Diabetes Self ...**

Oral diabetes drugs such as metformin (Glucophage, Glumetza, others) may reduce the risk of type 2 diabetes — but healthy lifestyle choices remain essential. Have your blood sugar checked at least once a year to check that you haven't developed type 2 diabetes.

### **Diabetes - Symptoms and causes - Mayo Clinic**

The goal of diabetes treatment remains the same for each person—bringing blood glucose down to target levels and preventing complications. But no one pill or injection works for everyone. Some people can manage their conditions with diet and exercise, while others must inject insulin or take oral diabetes medications.

### **How Doctors Choose Diabetes Treatment**

Choose Type 2 Diabetes Medication Submitted by Thiruvellan on Sat, 04/06/2013 Initiation of your diabetes medication therapy is always based on your fasting blood-glucose level (FPG), postprandial blood-glucose level (PPG) and A1C percentage. The impact of FPG to A1C is dominating in patients with poorly managed blood glucose.

### **Choosing Suitable Diabetes Medication | Individualizing ...**

Right: How to Choose a Health Care Provider. By Michele Cohen Marill. From the WebMD Archives. Life with diabetes is a journey, and your diabetes specialist is your guide, ...

### **Here's How to Pick the Right Diabetes Specialist**

Diabetes is a lifelong condition. Because it is, you can have major health problems if you don't keep blood glucose under control. That's why fully understanding how to buy and properly use...

### **Guidelines for Buying and Using Diabetes Supplies**

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A diabetes diet simply means eating the healthiest foods in moderate amounts and sticking to regular mealtimes. A diabetes diet is a healthy-eating plan that's naturally rich in nutrients and low in fat and calories. Key elements are fruits, vegetables and whole grains. In fact, a diabetes diet is the best eating plan for most everyone.

### **Diabetes diet: Create your healthy-eating plan - Mayo Clinic**

Here are several factors to consider when choosing a blood glucose meter: Insurance coverage. Check with your insurance provider for coverage details. Some insurance providers limit coverage to... Cost. Meters vary in price. Be sure to factor in the cost of test strips. Ease of use and maintenance. ...

### **Blood glucose meter: How to choose - Mayo Clinic**

Which Statin Is Best for People with Diabetes? Statins 101. There are several different types of statins. Some are more potent than others. They each work a little... Diabetes and statins. In the Standards of Medical Care in Diabetes — 2019, the American Diabetes Association still... Choosing the ...

### **Statin for Diabetes: Which Is Best? - Healthline**

Diabetes can affect the blood vessels in the eyes, which can lead to losing your sight. Continued. Podiatrist: For anyone with diabetes, which can cause nerve damage in the extremities, foot care ...

### **Diabetes Doctors: Endocrinologist, Dietician, Eye Doctor ...**

Diabetes is a number of diseases that involve problems with the hormone insulin. Normally, the pancreas (an organ behind the stomach) releases insulin to help your body store and use the sugar and ...

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### **WebMD Diabetes Center: Types, Causes, Symptoms, Tests, and ...**

By Divya Gopisetty. A new resource to help people with diabetes choose devices that are right for them. DiabetesWise.org is a new resource designed to help people with diabetes find the technology that will work best for their preferences and lifestyle. These technologies include continuous glucose monitors ( CGM ), insulin pumps and injections, automated insulin delivery ( AID) systems, and blood glucose meters.

### **How to Choose Diabetes Technology - DiabetesWise.org ...**

A concise and organized way to evaluate pharmacotherapy options for diabetes is to use the five patient-oriented STEPS criteria: safety, tolerability, effectiveness, price, and simplicity. 3 Table...

### **Type 2 Diabetes Therapies: A STEPS Approach - American ...**

Choosing Wisely: Don't recommend daily home finger glucose testing in patients with type 2 diabetes mellitus not using insulin.

### **Choosing Wisely: Don't recommend daily home finger glucose ...**

Choosing blood pressure medications. There are many drugs to treat high blood pressure. Choosing the right one can be tricky. Learn how to find the best one for you. ... If you have diabetes and high blood pressure, taking a diuretic plus an ACE inhibitor can decrease your risk of a heart attack and stroke.

### **Choosing blood pressure medications - Mayo Clinic**

Reasonable glycemic targets would be 7.0 – 7.5% in healthy older adults with long life expectancy, 7.5 – 8.0% in those with moderate comorbidity and a life expectancy < 10 years, and 8.0 – 9.0% in those with multiple morbidities and shorter life expectancy.

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### **Geriatrics - Meds for type 2 diabetes control | Choosing ...**

- Canada's Choosing Wisely Recommendation: Don't recommend routine or multiple daily self-glucose monitoring in adults with stable type 2 diabetes on agents that do not cause hypoglycemia

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