

### Sonic Nutrition Facts Guide

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#### Sonic Nutrition Facts Guide

made-to-order selections, sonic ... total calories total calories from fat total fat (g) saturated fat (g) trans fat (g) cholesterol (mg) sodium (mg) total carbohydrates (g) dietary fiber (g) sugar (g) protein (g) coffee french vanilla cold brew iced coffee small 210 80 9 6 0 30 110 29 0 17 4

#### July 2020 Nutritional Brochure - Sonic Drive-In

Sonic Burger. Nutrition Facts. 520-620 calories. Sonic Cheeseburger. Nutrition Facts. 590-680 calories. Super Sonic Bacon Double Cheeseburge. Nutrition Facts. 1030 calories.

#### Sonic Nutrition Facts - FastFoodNutrition.org

> Sonic Burger with Mustard: cal: 520: 200: 23: 7: 1: 65: 860: 53: 3: 11: 27 > Sonic Burger with Mustard, Ketchup & Mayo: cal: 640: 300: 34: 9: 1: 70: 1,070: 57: 3: 14: 27 > Sonic Cheeseburger with Ketchup: cal: 600: 250: 28: 10: 1: 85: 1,240: 58: 3: 14: 30 > Sonic Cheeseburger with Mayo: cal: 680: 350: 39: 12: 1: 85: 1,180: 54: 3: 11: 30 > Sonic Cheeseburger with Mustard: cal: 590: 250: 28: 10: 1: 85: 1,190: 54: 3: 11: 31 > Sonic Cheeseburger with Mustard, Ketchup & Mayo: cal

#### Sonic Drive-In Nutrition Facts and Calories - Menu With ...

Here's basically one spot Inexpensive food of sonic nutrition can even get along with your smart dieting objectives. Learn more facts about sonic nutrition with its calories guide.

#### Top Sonic Nutrition Foods with an Ultimate Calories Guide ...

SONIC® Drive-In Menu Nutrition Guide NOTE: When printing this guide your printer's layout properties will need to be set to landscape orientation. Product Calories Calories From Fat Total Fat (G) Saturated Fat (G) Trans Fat (G) Cholesterol (MG) Sodium (MG) Carbs (G) Fiber (G) Sugar (G ...

#### SONIC® Drive-In Menu Nutrition Guide

SONIC® offers fresh bananas, limes and lemons. SONIC cherries, strawberries and pineapple are processed. Daily recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium per day. \*\*\*Limited Time Only ("LTO") products are normally offered for thirty days.

#### SONIC® Drive-In Menu Nutrition Guide

There are 610 calories in 1 sandwich of Sonic BBLT.: Calorie breakdown: 57% fat, 27% carbs, 16% protein.

## Where To Download Sonic Nutrition Facts Guide

### **Calories in Sonic BBLT and Nutrition Facts**

Sonic Nutrition Facts Guide sonic® cheeseburger with mayo 680 350 39 12 1 85 1180 54 3 11 30 sonic® cheeseburger with mustard 590 250 28 10 1 85 1190 54 3 11 31 sonic® cheeseburger with mustard, ketchup & mayo 710 350 39 12 1 85 1400 58 3 15 31 supersonic® bacon double cheeseburger with mayo 1030 590 65 23 2 190 1880 54 3 12 58

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### **Sonic Nutrition Facts Guide**

Take a look at the nutritional facts for other popular Sonic choices: 14 oz. Oreo Sonic Blast is 540 calories, 190 fat calories and 67 grams of sugar. Extra Long Chili Cheese Coney hotdog is 660 calories, 350 fat calories and 1860 mg of sodium. Breakfast Burritos - Bacon, Egg and Cheese are 450 calories, 250 fat calories and 1290 mg of sodium.

### **Find Sonic Nutrition Information for ... - Health Guide Info**

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How may calories are in a Sonic Corndog? Answer: 230. How many calories are in a Sonic Cheeseburger? Answer: 720. How many calories are in a Sonic Jr Breakfast Burrito? Answer: 280. How many carbs are in Sonic Tater Tots? Answer: 220g.

### **Sonic Nutrition Facts & Calorie Information: Sonic Drive ...**

The sandwich without mayo can be quite high on SONIC nutrition information. The total amount of calories for this sandwich come out to be somewhere around 270. The other SONIC nutritional facts related to this sandwich detail the total amount of carbohydrates as 50gm and 27gm of proteins.

## Where To Download Sonic Nutrition Facts Guide

### **Facts about SONIC Nutrition Information | Nutrition Facts ...**

sonic blast® oreo® sonic blast® mini: 530: 6: 62: 50: 28: 18: 0: 380: 65: oreo® sonic blast® small: 900: 12: 106: 88: 47: 30: 0: 640: 130: oreo® sonic blast® medium: 1230: 17: 146: 122: 65: 42: 0: 880: 190: oreo® sonic blast® large: 1780: 25: 210: 177: 93: 60: 0: 1270: 290: m&m's® sonic blast® mini: 520: 7: 63: 58: 28: 20: 0: 200: 65: m&m's® sonic blast® small: 900: 12: 106: 99: 48: 33: 0: 400: 135: m&m's® sonic blast® medium: 1230: 18: 146: 136: 65: 46: 0: 570: 195

### **Sonic Drive-In Calories - Fast Food Nutrition Facts**

Sonic has provided a unique way for consumers to order food since 1953, and it has helped to shape the fast food industry in that time. Its diverse lineup of burgers, hot dogs, fries, ice cream, slushies, and more make for a unique dining experience. Year Founded: 1953 Revenue: \$606 million (2015) Employees: Approximately 400,000 ...

### **Sonic Drive-In Nutrition, Prices & Secret Menu [Dec 2020]**

Below are the nutrition facts and Weight Watchers points for Hot Chili from Sonic Drive-In. Sonic Hot Chili Calories There are 60 calories in a Hot Chili from Sonic. Most of those calories come from fat (59%).

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